

# R.E.A.L. Health Solutions!

LIFE SCIENCE PRODUCTS, INC.  
Volume 1 • January 2010



Kelli de Sante'/President

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As 2010 brings us a new year, Life Science Products, Inc. is committed to helping our customers experience a happy and healthier lifestyle. Over the last few years, we have continued to research and develop products that will provide our customers with core basic essential daily nutrition.

We have strived to keep our line of products small because we understand just how complicated and overwhelming the search for good nutrition can be. We want to be the company that helps to take the stress out of your life by offering you potent, reliable, whole-food systemic products that address the whole body and work in symphony with the major organs to maximize your overall well-being.

You can count on us, here at Life Science Products, to keep it simple. We believe that God designed the body to heal itself, when given the right support and nourishment to do so. We believe that nature and our environment, when given a chance, can aid us in reaching and maintaining the highest possible state of well-being — physically and mentally.

From these core beliefs, we have developed a simple acronym we titled **R.E.A.L. Health Solutions**. This is the name we have selected for our Newsletter because we want this to be ever present in your mind as you consider what nutritional regime will best serve your daily life.

In simple terms, given that our body is quite capable of healing itself, here is the message behind our acronym:

## What's Happening?

We are now on Twitter, Squidoo & Facebook. Check us out:



**R is for RESTORE**, as a daily reminder that we must replace the vital nutrients that are needed each and every day to maintain optimal health and longevity; that we must RESTORE pH balance and friendly gut bacteria on an ongoing daily basis. (**BODY BIOTICS™**, **pH PERFECT™**, and **LIFE'S GREEN ESSENTIALS™** are products that help RESTORE.)

**E is for ELIMINATE**, as a daily reminder that undigested foods and putrefaction left stored in the body can wreak havoc on our well-being, causing toxic overload on the organs, and ultimately compromising the long-term quality of health. (**BODY BIOTICS™** and **Aloe PURE™** are products that help ELIMINATE.)

**A is for ASSIMILATE**, as a daily reminder that regardless of the quality of your food intake, if we are not digesting and assimilating it properly, we are causing toxic build-up and creating a feeding ground for all sorts of "life threatening" patho-

## Q. Lifestyle Question of the Month:

Did you know that the average adult should consume between 60 to 80 ounces of water per day?

When it comes to choosing a beverage, there are a lot of choices. You have an array of carbonated drinks, the iced tea now comes with flavors of all sorts, and even plain water is now dressed up with fruity flavors.

What is your choice of beverage? How often do you consume it? In your daily life, do you focus on drinking more water than any other beverage? Do you consume 60 to 80 ounces of water, as recommended?

Consciously choosing the beverages you drink can have a major impact on your overall health.

*President's message continued...*

gens (unfriendly bacteria.) And once more, wreaking havoc on our well-being, stressing vital organs, and ultimately compromising the long-term quality of health. **(BODY BIOTICS™ and BODY BIOTICS Systemic Plant Enzymes SPE™ are products that help ASSIMILATE.)**

**L is for LONGEVITY**, as a daily reminder that although statistics show we are living longer, it is up to each of us to determine what quality of health we will experience in our senior years. NOW is the time to focus on a daily regime of whole-food systemic products that address the whole body and work in symphony with the major organs to maintain and maximize overall long-term well-being for enhanced quality of health. **(BODY BIOTICS™, LIFE'S GREEN ESSENTIALS™, BODY BIOTICS Systemic Plant Enzymes SPE™, and BODY BIOTICS 6-9-12 B Complex are products that help enhance LONGEVITY.)**

In closing, we hope that this brief overview will help you in your search for daily solutions to optimize your health and well-being. We realize that taking 4 or 5 products, on a regular basis, can be cost prohibitive for so many. If this is your challenge, we encourage you to always keep a supply of our core basic product, **BODY BIOTICS™**, on hand, as this product will support your daily needs like none other.

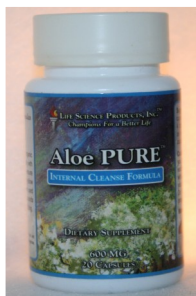
As a daily regimen, each of our additional products work in synergy to strengthen the body and take your health to a greater height for an enhanced quality of long-term well-being.

**BODY BIOTICS™**, is, by far, the most critical daily essential you'll ever purchase. Please don't live a day without it - I know I won't.

A Votre Sante'

*Kelli de Sante'*

President



**Aloe PURE™**

Internal Colon Cleanse Formula

20 capsules /Retail: \$24.00

*Aloe PURE™ taken once a day, for three days straight, helps cleanse the colon and rid the body of built up waste and putrefaction. This is a great routine to repeat every 30 to 45 days.*

**Here are 3 tips to help kick start your weight loss efforts:**

**1) Detox** — For the ultimate detox and Colon Cleanse start with our Aloe PURE™. When taken once a day, for three days straight, Aloe PURE™ helps cleanse the colon and rid the body of built up waste and putrefaction.

Additionally, you might try one of the following simple, one day fasts:

- **Meat/Dairy Fast** – usually connected with a religious purpose. Some religions fast for personal or communal fast, seeking repentance. Everyone can benefit from this type of fasting.

- **Liquid/Juice Fast** – A popular form of a detox diet. Abstaining from food helps detoxify the body and improve overall health. When you participate in a liquid fast, less energy is expended on digestion of foods so

## Can't WEIGHT for Spring?

*Or, are you dreading that image in the mirror while trying on this year's hottest beachwear?*

*Can't WEIGHT for Spring continued...*

the body has more energy to expel toxins as well as to recover and heal.

- **No Food for 24 hrs. Fast**– This type of fast is often practiced for religious purposes, and, once again, all can benefit for a 24 hour fast.
- **Fruit Only Fast**– Some experts state that you should eat fruit by itself, normally. So, doing a fruit fast is an exceptional way to detox the body
- **Bad Habit Fast**—Now, I will admit, I love chocolate and sometimes can't get enough of it. So every few months, I'll resolve to not eat chocolate at all for about a week. This fasting can be for any bad habit you may have: drinking too much, chocolate, cookies, cakes, candy.

NOTE: As with any new regime, consult your physician before fasting.

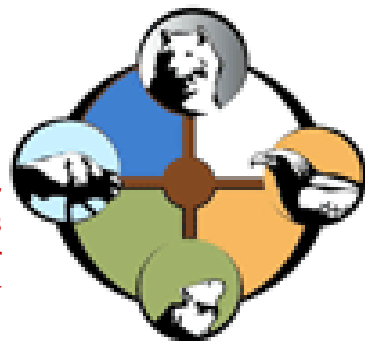
**2) Speed up the metabolism? No problem – Vitamin B-12 to the rescue.**

Did you know that Vitamin B-12 help to speed up the metabolism, allowing the body to burn calories at a faster rate? B-12 is also known as the “*energy vitamin*” because it increases the amount of hemoglobin in the blood. This is important because Hemoglobin helps red blood cells transport oxygen to all parts of the body. An increase in hemoglobin makes fuel consumption more efficient, which produces a boost in energy. Increased energy helps reduce the stress and depression often associated with being overweight. By boosting your



Vitamin B-12 intake, you aid weight loss efforts by increasing the ability to exercise and stay more motivated.

**BODY BIOTICS™ 6-9-12 B Complex**, when taken twice a day, helps increase energy and improve your chances for success with healthy weight loss.



Additionally, we suggest eating foods containing B-12, such as B-12 fortified Soy milk, nutritional yeast with B-12, dairy products and eggs for those who are not lactose intolerant.

**3) Systemic Plant Enzymes a 2010 MUST have nutritional!**

One of the greatest challenges many face in our daily diet is the *ability to digest fats, sugars, and protein*. In days past, when we consumed our foods straight from the garden, such issues did not exist. But with today's stressful, overworked, underpaid, eating on the run, eating out, not eating often enough routine; it is no wonder we're having problems digesting it all. These undigested pollutants are a critical contributor to our overall compromised health and obesity. *It has been reported that the average American is carrying around 10 to 20 pounds of waste in their colon.* The lack of digestive enzymes, to help digest, assimilate, and eliminate food and food by-products from the body, is a well documented fact.

**BODY BIOTICS SPE™ Systemic Plant Enzymes** are a daily must. Additionally, eat lots of raw fruits and vegetables several times a day to help restore digestive enzymes, naturally.

*Note: These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*

We are proud to announce that Life Science Product's nutritionals have been certified for use as *Native American Ceremonial Healing Sacraments*. For more details, look for information in our upcoming newsletter. Or, go to:

[www.nemenhah.org](http://www.nemenhah.org)



**BODY BIOTICS SPE™**  
Systemic Plant Enzymes  
180 capsules / Retail \$49.00

**Suggested Use:** When taken 3 to 4 times a day with a meal or between meals, SPE digestive enzymes helps aid in improved digestion, assimilation, and elimination, as well as, increased energy and overall well-being; while supporting weight loss.

*Detox: the process, real or perceived, of removing toxins from the body*

*Detox Diet: involving change in consumption habits in an attempt to remove toxins from the body*

**85% of our customers come to us because they are experiencing some form of *immune or digestive distress.***

Customer Appreciation

Coupon

**3 for 2**

Select from these two products. Buy 2 and Get 1  
**FREE**

**SPE (Systemic Plant Enzymes)**

**B 6-9-12 Complex**

Offer not available on website.

Expiration Date: 02/20/10

Customer Testimonial

*After taking BODY BIOTICS™ for over 15 years, I do not ever get the flu or the flu shot.*

*In fact, I recently had a live cell nutritional blood analysis and can happily report that no undigested fats, fungus, plaque, or parasites were found present. I highly*

*recommend this product for everyone*

*—including the family pet.*



Laura H. of Hilton Head Island, SC

**WE NEED YOUR HELP:** People around the world are looking for effective health solutions. They need to hear your story. Many of you have been using BODY BIOTICS™ for as long as 25 years. If you are willing in sharing your personal testimonial for use in our media, please call us at: 800-466-9001 or email it to: [info@bodybiotics.com](mailto:info@bodybiotics.com) along with a headshot photo. Remember to put the word “testimonial” in the subject box.

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**Or Fax To: 713-466-9018**



[www.bodybiotics.com](http://www.bodybiotics.com)

**The R.E.A.L. Health Solution: R=Restore E=Eliminate A=Assimilate L=Longevity**

